

# Capel 5/Fun Run

Sunday 8<sup>th</sup> July 2012 at 10.30am



Licence no. TBA

## ENTRY FORM

Event Entered: Capel Fun Run/Capel 5

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Sex: M/F. Age on Race day: \_\_\_\_\_ D.O.B: \_\_/\_\_/\_\_

Address: \_\_\_\_\_

Town: \_\_\_\_\_ County: \_\_\_\_\_

Post Code: \_\_\_\_\_ Tel. No: \_\_\_\_\_ Club \_\_\_\_\_

Email (for conf of entry) \_\_\_\_\_

Entry Fee: Capel 5: £5.00 affiliated/club members (£7.00 on the day close 10am)  
£7.00 non-affiliated members (£9.00 on the day close 10am)  
**(Team entry £10.00 see separate form on web site)**

Capel Fun Run: £3.00 or £3.50 on the day close 9:30am

**Closing date for entries: 1<sup>st</sup> July 2012 (Subject to race limit 200)**

A signed entry form will be considered as your acceptance of UK:A rules and as a declaration that you will not hold the organisers or their servants liable for any injury, loss, or action claim whatsoever resulting from your participation in this event.

Please enclose the correct entry fee for the event (cheques made payable to 'Capel Cheetahs Running Club') Send to Sandra Bumphrey at 5 Smithers Close, Capel St Mary, Ipswich IP9 2HN tel 01473 312114. Numbers to be collected on race day.

Signed: \_\_\_\_\_

Parent/Guardian Signature (if under 18).

Date: \_\_\_\_\_



# Capel Cheetahs

[www.capelcheetahs.co.uk](http://www.capelcheetahs.co.uk)

## CAPEL 5 and CAPEL FUN RUN



**Venue:** Capel St Mary, Playing Field Pavilion. Friars, Capel St Mary, IP9 2XS

**Date:** Sunday, 8<sup>th</sup> July 2012

**Time:** Capel Fun Run starts at 9.45 am. Capel 5 at 10.30am

**Entry Fee:** Capel 5: £5.00 affiliated/club members  
£7.00 for entry on the day  
£7.00 non-affiliated members  
£9.00 for entry on the day  
Capel Fun Run: £3.00 or £3.50 for **entry on the day**

**Closing Date for entries** : 1<sup>st</sup> July 2012 (Entries also accepted on Race Day, close 9:30am for Fun Run, 10am for Capel 5, £2.00/50p extra see above, subject to race limit of 200)

Medals will be awarded to all those who finish their race.

Prizes and trophies will be awarded to winners in selected categories.

If you are 15 years old and over you can run the Capel 5. Anyone can run the Capel Fun Run. Just complete the Entry Form and send with your entry fee to: Sandra Bumphrey Capel Cheetahs, 5 Smithers Close, Capel St Mary, Ipswich IP9 2HN 01473 312114 No.s to be collected on race day.

NB In the interests of everyone's safety, the use of iPods, MP3 players and the like are prohibited during the race.

**Races Kindly Sponsored by**  
**Mall-Wood Insurance Services Ltd & S A Prior Builders**