

Capel 5 Team Entry

Sunday 8th July 2012 at 10.30am



Licence no. TBA

Entrants must also complete a separate individual entry form and fee for the Capel 5. Mixed ages/males/female teams all accepted.

Club/Team Name _____

Runners name 1. _____

Runners name 2. _____

Runners name 3. _____

Runners name 4. _____

Please enclose the £10.00 fee for the event, along with your individual entry forms and fee. (cheques made payable to 'Capel Cheetahs Running Club') Send to Sandra Bumphrey at 5 Smithers Close, Capel St Mary, Ipswich IP9 2HN tel 01473 312114. Numbers to be collected on race day.

Signed: _____ (team captain)

Parent/Guardian Signature (if under 18).



NB In the interests of everyone's safety, the use of iPods, MP3 players and the like are prohibited during the race.