

parkrun leaderboard 2022

<u>Position</u>	<u>Runner</u>	<u>parkrun</u>	<u>Date</u>	<u>Fastest time</u> <u>this year</u>	<u>Age Cat.</u>	<u>parkruns</u> <u>completed</u>	<u>parkrun pb</u>	<u>volunteer</u>	<u>Last weekend results</u>	
									<u>parkrun</u>	<u>Time</u>
1	Harry Peek	Felixstowe	01/01/2022	20m38s	SM20-24	115	20m07s	1	Altonwater	28m58s
2	Andrew Budd	Thomas Mills	30/04/2022	20m46s	VM60-64	51	20m07s	12	Ipswich	Volunteer
3	Adrian Phillippo-Green	Markshall	09/04/2022	21m07s	VM50-54	11	21m06s		Chilton Fields	22m28s
4	Vincent Steensma	Thomas Mills	30/04/2022	22m46s	VM50-54	198	22m46s	27	Crighton	24m24s
5	Jo Harris	Harwich	08/01/2022	23m36s	VW40-44	91	23m36s	2	Chilton Fields	26m42s
6	Sandra Bumphrey	Harwich	08/01/2022	23m48s	VW50-54	55	23m12s	4		
7	Paul Maycock	Thomas Mills	30/04/2022	24m09s	VM60-64	218	23m05s	40	Chilton Fields	25m14s
8	Emily Dixon	Felixstowe	05/03/2022	24m22s	SW25-29	45	24m22s			
9	Deb Ching	Chilton Fields	30/07/2022	25m23s	VW45-49	8	25m23s	1	Chilton Fields	25m23s
10	Lorna Webber	Kesgrave	23/04/2022	25m25s	VW35-39	180	24m29s	20	Chilton Fields	25m55s
11	Marie Paveley	Altonwater	30/04/2022	25m33s	VW45-49	40	25m13s	1		
12	Louise Beck	Felixstowe	09/04/2022	25m40s	VW55-59	21	25m40s	11	Chilton Fields	29m34s
13	Steve Webber	Felixstowe	23/04/2022	26m09s	VM50-54	215	26m09s	10	Chilton Fields	27m56s

			castle									
14	Sally Maddams	Felixstowe	25/06/2022	26m54s	VW45-49	98	26m10s	3	Chilton Fields			29m11s
15	Lindsay Welton	Ipswich	28/05/2022	28m38s	VW35-39	102	27m41s					
16	Laura Crossley	Ipswich	28/05/2022	29m19s	VW40-44	51	28m54s	2				
17	Sara Hills	Alton Water	26/03/2022	29m28s	SW30-34	2	29m28s					
18	Fran Barnard	Thomas Mills	30/04/2022	30m12s	VW35-39	14	30m12s	1				
19	Stephen Bumphrey	Felixstowe	12/03/2022	30m55s	VM55-59	52	30m16s					
20	Ian Thoroughgood	Valentines	01/01/2022	21m37s	VM35-39	6	20m58s					
21	Austen Gilbert	Altonwater	30/07/2022	31m35s	VM45-49	1	31m35s		Altonwater			31m35s
22	Sue Russell	Harwich	08/01/2022	31m39s	VW40-44	61	31m39s	1				
23	Heather Ruff	Altonwater	30/07/2022	32m43s	VW55-59	27	26m57s		Altonwater			32m43s
24	Sue Wilshaw	Silksworth	30/07/2022	34m00s	VW65-69	29	27m28s	3	Silksworth			34m00s
25	Heidi Nerys Knight	Sizewell	21/05/2022	38m50s	VW45-49	88	27m49s	12				
26	Diane Parton	Clacton	16/04/2022	41m42s	VW50-54	42	24m03s	7				
	Aaron Heard							1				
	Andrew Chatfield							1				
	Clare Philips							1				

