

parkrun leaderboard - 2026 - Age Graded (Must complete at least 10 runs and including at least 1 volunteers in 2026 to be included in final leaderboard #)														parkruns+ Volunteer	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	29/08/2026	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	28/02/2026	21m25s	79.07%	MV65-69	133	20m07s	49	16	Felixstowe	22m06s	15+V9	350+
2	Angela Stevenson	Harwich	8 Harwich 0.7	26/07/2026	25m48s	77.39%	VW60-64	15	25m28s	1	9	Kesgrave	26m16s	6	300+
3	Mark Askew	Felixstowe	26 Felixstowe 0.9	07/03/2026	22m30s	75.93%	MV65-69	35	21m15s	23	6			3+V5	250+
4	Sandra Bumphrey	Pegwell Bay	1 Pegwell bay 0.7	31/01/2026	23m32s	74.93%	FV50-54	198	23m03s	71	80	Harwich	24m43s	24+V21	200+
5	Helen Yellop	Felixstowe	26 Felixstowe 0.9	04/07/2026	25m35s	72.70%	FV55-59	120	23m50s	26	61			29+V7	150+
6	John Dunnett	Felixstowe	26 Felixstowe 0.9	17/01/2026	23m13s	72.22%	MV65-69	179	22m31s	35	25	Great Cornard	23m56s	29+V6	100+
7	Jo Harris	Felixstowe	26 Felixstowe 0.9	27/06/2026	22m34s	71.05%	FV45-49	189	21m58s	29	19	Harwich	22m35s	25+V10	50+
8	Deb Ching	Alton Water	660 Alton Water 3.6	15/08/2026	24m26s	70.33%	FV50-54	148	22m47s	66	35	Alton Water	Other	17+V20	10+
9	Heather Ruff	Felixstowe	26 Felixstowe 0.9	01/08/2026	28m34s	70.31%	VW60-64	46	26m57s	8	8			12+V5	1+
10	Trevor Stevenson	St Mary's	N/A	21/03/2026	25m43s	69.41%	MV70-74	160	23m49s	21	24	Harwich	25m55s	24+V8	
11	Andrew Chatfield	Felixstowe	26 Felixstowe 0.9	17/01/2026	20m37s	69.29%	VM45-49	22	20m37s	3	7			2	
12	Steve Page	Alton Water	660 Alton Water 3.6	04/04/2026	24m08s	67.06%	VM60-64	213	20m25s	13	5			5	
13	Paul Maycock	Felixstowe	26 Felixstowe 0.9	18/04/2026	25m46s	66.95%	MV65-69	382	23m05s	72	49	Haverhill	27m33s	27+V6	
14	Katarzyna Dabrowska	Harwich	8 Harwich 0.7	04/04/2026	23m38s	65.59%	FV40-44	83	22m52s	1	7			8	
15	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	17/01/2026	23m43s	65.35%	MV55-59	184	21m06s	24	40	Alton Water	29m45s	34+V2	
16	Iam Thoroughgood	Christchurch Pk.	N/A	28/02/2026	21m17s	65.07%	MV40-44	12	20m58s	0	7			1	
17	Dan Clapton	Felixstowe	26 Felixstowe 0.9	17/01/2026	22m43s	64.42%	MV45-49	88	19m39s	7	20			8	
18	Vincent Steensma	Walton Prom	N/A	16/05/2026	23m56s	64.21%	MV55-59	347	22m37s	57	44	Gorleston Cliffs	26m10s	27+V5	
19	Amanda Prior	Alton Water	660 Alton Water 3.6	15/08/2026	29m23s	64.21%	VW55-59	54	27m30s	4	7			1	
20	Nicole Ancomb	Harwich	8 Harwich 0.7	30/05/2026	23m48s	62.18%	FV25-29	88	23m45s	8	11			9	
21	Marie Paveley	Alton Water	660 Alton Water 3.6	18/04/2026	27m14s	61.57%	FV50-54	67	24m19s	3	6			6	
22	Sharon Williets	Christchurch Pk.	N/A	14/02/2026	29m33s	61.25%	VW55-59	26	26m36s	6	3			1	
23	Joff Hayes	Christchurch Pk.	N/A	06/06/2026	27m16s	60.39%	VM60-64	84	26m52s	0	7	Christchurch Park	29m03s	18	
24	Laura Crossley	Felixstowe	26 Felixstowe 0.9	17/01/2026	27m03s	59.27%	FV45-49	198	26m31s	26	55	Felixstowe	32m51s	29+V7	
25	Sonia Copping	Felixstowe	26 Felixstowe 0.9	25/04/2026	33m14s	58.38%	FV60-64	153	33m14s	13	26	Great Cornard	35m17s	33+V3	
26	Sally Maddams	Harwich	8 Harwich 0.7	11/04/2026	28m32s	57.93%	FV45-49	255	26m10s	20	41	Gorleston Cliffs	29m31s	34+V3	
27	Mark Ward	Felixstowe	26 Felixstowe 0.9	28/02/2026	29m38s	56.58%	MV65-69	155	28m25s	50	25	Harwich	32m14s	19+V11	
28	Hannah Prior	Felixstowe	26 Felixstowe 0.9	17/01/2026	26m45s	55.33%	SW25-29	3	26m45s	0	1			1	
29	Eleanor Harrison	Felixstowe	26 Felixstowe 0.9	22/08/2026	26m53s	55.18%	SW30-34	158	25m53s	0	11			19	
30	Sue Russell	Walton Prom	N/A	16/05/2026	29m10s	54.97%	FV45-49	199	29m10s	43	48	Gorleston Cliffs	31m04s	31+V12	
31	Hannah Yellop	Walton Prom	N/A	01/08/2026	27m31	53.79%	FV25-29	97	26m20s	25	66			21+V5	
32	Martyn Russell	Felixstowe	26 Felixstowe 0.9	01/01/2026	26m25s	53.69%	MV45-49	26	26m25s	9	15	Gorleston-P. Walk	43m57s	13+V9	
33	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	21/03/2026	31m05s	52.98%	MV60-64	164	29m27s	13	28			16+V5	
34	Anna Clapton	Felixstowe	26 Felixstowe 0.9	17/01/2026	29m06s	52.86%	FV40-44	171	22m39s	10	30			12+V1	
35	Aaron Spalding	Kesgrave	219 Kesgrave 1.8	15/08/2026	24m41s	52.67%	MV30-34	45	21m28s	1	9			5	
36	Nigel Johns	Kesgrave	219 Kesgrave 1.8	18/04/2026	32m25s	49.92%	MV60-64	193	24m39s	30	7	Thomas Mills	34m21s	10	
37	Sara Hills	Alton Water	660 Alton Water 3.6	11/04/2026	30m16s	49.23%	FV30-34	6	29m28s	1	1			1	
38	Karen Sharkey	Wendlesham Forest	N/A	22/08/2026	31m29s	49.23%	VW40-44	58	29m33s	10	21	Gorleston Cliffs	31m41s	17+V3	
39	Heidi Knight	Gorleston Cliffs	N/A	29/08/2026	36m11s	48.73%	VW50-54	99	27m49s	12	9	Great Cornard	36m11s	8	
40	Lindsay Welton	Alton Water	660 Alton Water 3.6	15/08/2026	31m46s	48.43%	VW35-39	116	27m41s	6	14			1	
41	Fran Barnard	Imager Strandpark	N/A	21/03/2026	32m42s	47.04%	VW40-44	92	30m12s	18	54			18+V3	
42	Aaron Heard	Alton Water	660 Alton Water 3.6	21/03/2026	31m08s	44.16%	VM40-44	11	21m45s	4	5			2+V2	

[illegible]

