

parkrun leaderboard - 2025 - age graded														14/06/2025	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	Parkruns this year	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	29/03/2025	21m19s	78.66%	MV65-69	108	20m07s	33	16			7+V4	300+
2	Helen Yellop	Zuiderpark	Holland	22/03/2025	24m24s	75.20%	FV55-59	72	23m50s	11	39	Alton Water	Timer	14+V6	250+
3	John Dunnett	Felixstowe	26 Felixstowe 0.9	26/04/2025	22m31s	73.80%	MV60-64	129	22m56s	25	15	Felixstowe	23m29s	24+V5	200+
4	Trevor Stevenson	Harwich	165 Harwich 2.0	15/02/2025	24m01s	73.42%	MV70-74	119	23m49s	8	17	Harwich	30m42s	16+V3	150+
5	Deb Ching	Southampton	35 Southampton 1.0	31/05/2025	23m10s	73.24%	FV50-54	115	22m47s	31	26	Alton Water	Scanning	16+V11	100+
6	Mark Askew	Felixstowe	660 Alton Water 3.6	06/07/3035	23m10s	73.09%	MV65-69	27	21m15s	15	5	Felixstowe	23m31s	3+V2	50+
7	Paul Maycock	Felixstowe	26 Felixstowe 0.9	08/03/2025	24m31s	69.68%	MV65-69	335	23m05s	60	36	Wickford Memorial	26m47s	18+V4	10+
8	Marie Paveley	Kesgrave	260 Kesgrave 2.2	17/05/2025	24m19s	68.95%	FV50-54	60	24m19s	3	5			7	1+
9	Dan Clapton	Harwich	165 Harwich 2.0	01/02/2025	21m13s	68.42%	MV45-49	73	19m39s	6	15	Harwich	23m13s	13+V1	
10	Sandra Bumphrey	Alton Water	660 Alton Water 3.6	03/05/2025	25m33s	68.17%	FV50-54	152	23m03s	37	55	Alton Water	RD	17+V12	
11	Jo Harris	Harwich	165 Harwich 2.0	01/02/2025	23m09s	67.96%	FV45-49	151	23m09s	12	12	Alton Water-Sorting	24m39s	18+V5	
12	Katarzyna Dabrowska	Felixstowe	26 Felixstowe 0.9	14/06/2025	22m52s	67.27%	FV40-44	70	22m52s	1	5	Felixstowe	22m52s	5	
13	Steve Page	Felixstowe	26 Felixstowe 0.9	18/01/2025	24m03s	66.67%	VM60-64	204	20m25s	12	4			3	
14	Vincent Steensma	Felixstowe	26 Felixstowe 0.9	18/01/2025	23m30s	64.82%	MV50-54	300	22m37s	45	29	Alton Water	Timer	13+V6	
15	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	29/03/2025	23m55s	64.25%	MV55-59	123	21m06s	22	20			22+V1	
16	Sally Maddams	Harwich	165 Harwich 2.0	15/02/2025	26m22s	62.07%	FV45-49	196	26m10s	12	22	Harwich	31m37s	22+V2	
17	Lorna Webber	Felixstowe	26 Felixstowe 0.9	01/02/2025	25m51s	59.91%	FV40-44	281	23m39s	42	22			11+V5	
18	Steve Webber	Felixstowe	26 Felixstowe 0.9	24/05/2025	25m35s	58.09%	MV50-54	335	25m14s	24	19			18+V2	
19	Anna Clapton	Rutland Water	111 Rutland Water 1.4	29/03/2025	27m37s	55.70%	FV40-44	147	22m39s	7	22	Harwich	29m06s	14+V3	
20	Mark Ward	Felixstowe	26 Felixstowe 0.9	17/05/2025	29m56s	55.51%	MV60-64	123	28m25s	29	17	Alton Water	Tokens	18+V1	
21	Laura Crossley	Felixstowe	26 Felixstowe 0.9	01/03/2025	29m11s	54.43%	FV45-49	148	28m09s	15	40	Mersea Island	31m21s	19+V5	
22	Sonia Copping	Felixstowe	26 Felixstowe 0.9	31/05/2025	35m22s	54.10%	FV60-64	93	33m44s	8	15	Felixstowe	35m39s	17+V6	
23	Hannah Yellop	Eastbourne	106 Eastbourne 1.4	03/05/2025	27m37s	53.59%	FV25-29	61	26m20s	16	40	Alton Water	Timer	13+V6	
24	Nigel Johns	Thomas Mills	273 Thomas Mills 2.0	26/04/2025	29m57s	53.53%	MV60-64	171	24m39s	27	7	Thomas Mills	31m21s	14+V8	
25	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	18/01/2025	31m05s	52.49%	MV60-64	133	29m27s	5	21			16+V4	
26	Amanda Prior	Andover	336 Andover 2.5	01/03/2025	35m26s	51.79%	VW55-59	53	27m30s	4	7			1	
27	Sue Russell	Alton Water	660 Alton Water 3.6	05/04/2025	31m25s	50.08%	FV40-44	147	29m58s	21	27	Alton Water-Walker	53m39s	18+V4	
28	Nicole Ancomb	Harwich	165 Harwich 2.0	19/04/2025	29m48s	49.66%	FV25-29	73	25m36s	5	10			2+V3	
29	Kyla Webb	Felixstowe	26 Felixstowe 0.9	01/01/2025	34m43s	49.50%	VW50-54	14	26m31s	3	3			1	
30	Karen Sharkey	Kesgrave	260 Kesgrave 2.2	01/03/2025	30m57s	49.43%	VW40-44	36	29m33s	4	9	Alton Water	53m38s	9+V1	
31	Fran Barnard	Zuiderpark	Holland	22/03/2025	31m02s	49.30%	VW40-44	56	30m12s	10	31	Alton Water	Marshal	11+V4	
32	Jo Raven-Lloyd	Thornham Walks	N/A	10/05/2025	33m39s	46.41%	FV40-44	28	28m30s	1	7			2	
33	Kim Noble	Felixstowe	26 Felixstowe 0.9	01/02/2025	36m43s	40.99%	FV35-39	53	35m32s	5	14	Alton Water	42m22s	14+V1	
34	Heather Ruff	Alton Water	660 Alton Water 3.6	07/06/2025	54m31s	35.59%	VW60-64	30	26m57s	1	3	Alton Water-Walker	54m31s	1+V1	
	Will Ibbotson						VM55-59	43	23m46s	2	11				
	Neil Burton						VM50-54	8	24m33s	1	2				
	Emily Dixon						FV30-34	69	24m22s	0	26				
	Harry Peek						VM25-29	153	20m05s	1	43				
	Glen Yellop						MV50-54	9	26m56s	2	3				
	Sara Hills						FV30-34	4	29m28s	1	1				
	Ian Thoroughgood						MV40-44	10	20m58s	0	5				
	Amy Dawson						FV35-39	4	30m19s	0	2				

Sue Wilshaw			FV70-74	37	27m28s	6	3		
Aaron Heard			VM35-39	9	21m45s	2	3		
Diane Parton			VW55-59	44	24m03s	9	4		