

1 Mile time trial

PB

Name	Feb-20	Oct-20	Nov-21	Dec-22	Feb-23	Dec-23	Oct-24	Apr-25	Sep-25	Apr-26	Sep-26
Jack								06:02	05:48	05:54	06:15
Andrew B	06:09	05:52	06:05			06:22	06:20	06:22	06:24	06:26	06:37
Jason									07:02	06:42	06:49
Deb				07:38		07:18	06:49		07:23		06:54
Vincent	07:57		06:52	07:03	07:05	07:06	06:51	06:54	06:52		07:21
Nicole				07:30			07:15	06:50		07:08	07:40
Sandra		06:56	06:59					07:52		07:18	07:54
Ellie											07:58
Joff								08:15		07:54	08:20
Maria											09:06
Mark W								09:20	08:52	09:02	09:18
Nel											09:47
Steve B					09:11	09:16		08:57		09:16	10:15
Aaron S							06:21	06:07			
Adrian			06:09								
Amanda	08:51			09:30	09:31		09:59		09:37	08:42	
Andrew C		06:05	06:16			06:16		06:18		05:46	
Anna										08:22	
Cath		07:42									
Dan C					07:47	06:12					
Dan P						06:58	06:02	06:27		06:56	
Emily D		07:27	07:04			07:27					
Fran		09:29									
Glen			07:53								
Greg		06:52		05:54	06:54	06:04	05:53			06:33	
Hannah P							07:31		07:46		
Heidi K		08:32	09:08		09:46	10:45					
Helen Y				07:26							

Ian				05:59	05:57		05:47		05:52		
Jo	06:49		06:40				06:49		06:28		
John D						07:09					
Kat				07:25				06:47	06:39		
Kim						12:20					
Laura							08:17			08:00	
Lindsey						08:16	08:32			08:10	
Marie P	07:24		07:14	07:37	07:25						
Mark N										08:12	
Mark A										06:21	
Natalie							09:26				
Neil							06:56	06:59			
Nicola	07:55						07:42	07:45	07:46		
Paul M			07:22		08:22	07:33	07:23	07:03			
Sally	08:00								08:36		
Sara H								07:59			
Scott							06:47		06:22		
Steve P						07:10	07:01		06:53		
Sue						09:27		09:02			
Tom							06:53				