

parkrun leaderboard - 2024														19/10/2024	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	Parkruns this year	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	30/03/2024	20m47s	79.95%	MV65-69	97	20m07s	29	15			17 + V7	300+
2	Dan Clapton	Felixstowe	26 Felixstowe 0.9	06/03/2024	21m18s	67.61%	MV45-49	57	19m39s	5	11	Rendlesham Forest	22m48s	7 + V1	250+
3	Mark Askew	Felixstowe	26 Felixstowe 0.9	25/05/2024	21m42s	77.27%	MV65-69	24	21m15s	12	5	Altonwater - Tail	55m33s	7 + V10	200+
4	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	04/05/2024	21m52s	69.66%	MV50-54	91	21m06s	20	16	Altonwater	37m14s	39 + V4	100+
5	Vincent Steensma	Holland	Karpendonkse	06/07/2024	22m37s	66.84%	MV50-54	280	22m37s	39	24	Ipswich	23m46s	30 + V4	50+
6	Dan Price	Felixstowe	26 Felixstowe 0.9	22/06/2024	22m46s	51.66%	MV30-34	8	22m46s	0	3			4 + V0	10+
7	Deb Ching	Felixstowe	26 Felixstowe 0.9	25/05/2024	22m47s	73.59%	FV50-54	92	22m47s	19	26	Altonwater	25m33s	30 + V7	1+
8	John Dunnett	Felixstowe	26 Felixstowe 0.9	25/05/2024	22m56s	71.80%	MV60-64	96	22m56s	19	12	Felixstowe	23m20s	35 + V11	
9	Katarzyna Dabrowska	Felixstowe	26 Felixstowe 0.9	17/02/2024	22m58s	66.62%	FV40-44	62	22m58s	1	4			12 + V0	
10	Sandra Bumphrey	Yarborough	61 Yarborough 1.1	30/03/2024	23m03s	74.55%	FV50-54	125	23m03s	24	40	Doddington Hall	46m24s	36 + V8	
11	Lorna Webber	Felixstowe	26 Felixstowe 0.9	25/05/2024	23m39s	64.27%	FV35-39	265	23m39s	37	20	Altonwater	26m54s	30 + V5	
12	Helen Yellop	Felixstowe	26 Felixstowe 0.9	03/02/2023	23m50s	75.94%	FV55-59	51	23m50s	5	24	Altonwater	25m21s	28 + V3	
13	Will Ibbotson	Felixstowe	26 Felixstowe 0.9	06/07/2024	24m00s	66.25%	VM55-59	40	23m46s	2	10			17 + V2	
14	Steve Page	Ipswich	613 Ipswich 3.3	28/09/2024	24m10s	66.34%	VM60-64	198	20m25s	12	3	Ipswich	24m31s	20 + V1	
15	Paul Maycock	Felixstowe	26 Felixstowe 0.9	04/05/2024	24m13s	69.92%	MV65-69	311	23m05s	55	33	Felixstowe	25m15s	38 + V3	
16	Trevor Stevenson	Felixstowe	26 Felixstowe 0.9	06/03/2024	24m33s	71.01%	MV70-74	96	23m49s	5	15	Rendlesham Forest	27m35s	28 + V2	
17	Jo Harris	Felixstowe	26 Felixstowe 0.9	30/03/2024	24m45s	63.57%	FV40-44	131	23m32s	7	11			15 + V1	
18	Steve Webber	Felixstowe	26 Felixstowe 0.9	28/09/2024	25m14s	59.91%	MV50-54	310	25m14s	21	17	Alton Water	26m51s	35 + V4	
19	Neil Burton	Mersea Island	335 Mersea Island 2.5	05/10/2024	25m25s	59.95%	VM50-54	8	24m33s	1	2			1 + V1	
20	Emily Dixon	Harwich	8 Harwich 0.7	06/01/2024	26m14s	56.48%	FV30-34	66	24m22s	0	23	Thetford	27m24s	8 + V0	
21	Hannah Yellop	Victoria Dock	44 Victoria Dock 1.0	15/06/2024	26m32s	55.78%	FV25-29	42	26m32s	6	26			22 + V5	
22	Sally Maddams	Harwich	8 Harwich 0.7	27/01/2024	26m54s	59.60%	FV45-49	167	26m10s	10	18	Rendlesham Forest	29m31s	27 + V2	
23	Marie Paveley	Alton Water	660 Alton Water 3.6	01/06/2024	26m55s	61.55%	FV45-49	53	24m37s	3	5			2 + V1	
24	Glen Yellop	Ipswich	613 Ipswich 3.3	17/02/2024	26m56	55.63%	MV50-54	9	26m56s	2	3			3 + V1	
25	Anna Clapton	Harwich	8 Harwich 0.7	06/01/2024	27m21s	55.58%	FV40-44	127	22m39s	4	16	Rendlesham Forest	30m05s	26 + V1	
27	Laura Crossley	Mildenhall	290 Mildenhall Hub 2.1	12/10/2024	28m23s	55.43%	FV40-44	121	28m41s	9	28	York	28m37s	35 + V3	
26	Jo Raven-Lloyd	Felixstowe	26 Felixstowe 0.9	25/05/2024	28m30s	54.39%	FV40-44	25	28m30s	1	5			25 + V1	
28	Karen Sharkey	Felixstowe	26 Felixstowe 0.9	28/09/2024	29m33s	51.78%	VW40-44	21	29m33s	3	4			21 + V3	
29	Fran Barnard	Victoria Dock	44 Victoria Dock 1.0	15/06/2024	30m16s	50.22%	VW40-44	42	30m12s	5	24			18 + V3	
30	Sue Russell	Felixstowe	26 Felixstowe 0.9	20/07/2024	30m25s	51.73%	FV40-44	122	29m59s	14	16	Ipswich	33m49s	32 + V8	
31	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	13/04/2024	30m59s	52.23%	MV60-64	107	29m27s	1	15	Doddington Hall	33m28s	23 + V0	
32	Sara Hills	Alton Water	660 Alton Water 3.6	03/02/2023	31m44s	46.74%	FV30-34	4	29m28s	1	1			1 + V0	
33	Ian Thoroughgood	Ipswich	613 Ipswich 3.3	01/01/2024	31m51s	42.86%	MV40-44	10	20m58s	0	5			1 + V0	
34	Sonia Copping	Felixstowe	26 Felixstowe 0.9	24/08/2024	33m44s	55.93%	FV55-59	66	33m44s	2	12	Felixstowe	36m42s	39 + V2	
35	Amy Dawson	Felixstowe	26 Felixstowe 0.9	20/04/2024	33m59s	44.73%	FV35-39	4	30m19s	0	2			3 + V0	
36	Sue Wilshaw	Silksworth	302 Silksworth 2.1	06/01/2024	34m07s	65.27%	FV70-74	37	27m28s	6	3			3 + V0	
37	Faye Bradshaw	Felixstowe	26 Felixstowe 0.9	20/04/2024	34m15s	44.38%	VM35-39	1	34m15s	1	1			1 + V1	
38	Aaron Heard	Ipswich	613 Ipswich 3.3	13/07/2024	35m02s	38.68%	VM35-39	9	21m45s	2	3			2 + V1	
39	Kim Noble	Felixstowe	26 Felixstowe 0.9	28/09/2024	35m32	42.35%	FV35-39	35	35m32s	4	7			31 + V4	
40	Diane Parton	Ipswich	613 Ipswich 3.3	29/06/2024	35m47s	50.58%	VW55-59	44	24m03s	9	4			1 + V0	
41	Austen Gilbert	Alton Water	660 Alton Water 3.6	01/01/2024	36m24s	39.88%	VM45-49	14	31m35s	5	1			2 + V2	
42	Kyla Webb	Felixstowe	26 Felixstowe 0.9	06/07/2024	39m24s	43.06%	VW50-54	12	26m31s	3	3			1 + V1	

43	Heidi Cross			VW45-49	6	33m12s	1	2		0 + V1
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