

parkrun leaderboard - 2026 - Age Graded (Must complete at least 10 runs and including at least 1 volunteers in 2026 to be included in final leaderboard #)														parkruns+ Volunteer	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	18/07/2026	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	28/02/2026	21m25s	79.07%	MV65-69	130	20m07s	48	16			12+V8	350+
2	Angela Stevenson	Harwich	8 Harwich 0.7	20/06/2026	26m08s	76.40%	VW60-64	12	25m28s	1	8	Rendlesham Forest	27m17s	3	300+
3	Mark Askew	Felixstowe	26 Felixstowe 0.9	07/03/2026	22m30s	75.93%	MV65-69	35	21m15s	23	6			3+V5	250+
4	Sandra Bumphrey	Pegwell Bay	1 Pegwell bay 0.7	31/01/2026	23m32s	74.93%	FV50-54	194	23m03s	67	78			20+V17	200+
5	Helen Yellop	Felixstowe	26 Felixstowe 0.9	04/07/2026	25m35s	72.70%	FV55-59	115	23m50s	26	59			24+V7	150+
6	John Dunnett	Felixstowe	26 Felixstowe 0.9	17/01/2026	23m13s	72.22%	MV65-69	175	22m31s	34	23	Keswick	24m57s	25+V5	100+
7	Jo Harris	Felixstowe	26 Felixstowe 0.9	27/06/2026	22m34s	71.05%	FV45-49	185	21m58s	26	18	Markshall + PB	23m12s	21+V7	50+
8	Deb Ching	Kesgrave	219 Kesgrave 1.8	13/06/2026	24m28s	70.23%	FV50-54	145	22m47s	60	35	Alton Water-Tail+1	53m34s	14+V14	10+
9	Trevor Stevenson	St Mary's	N/A	21/03/2026	25m43s	69.41%	MV70-74	155	23m49s	19	23	Markshall - PB	25m58s	19+V6	1+
10	Andrew Chatfield	Felixstowe	26 Felixstowe 0.9	17/01/2026	20m37s	69.29%	VM45-49	21	20m37s	3	7			1	
11	Heather Ruff	Felixstowe	26 Felixstowe 0.9	04/04/2026	28m50s	68.27%	VW60-64	43	26m57s	7	6			9+V4	
12	Steve Page	Alton Water	660 Alton Water 3.6	04/04/2026	24m08s	67.06%	VM60-64	213	20m25s	13	5			5	
13	Paul Maycock	Felixstowe	26 Felixstowe 0.9	18/04/2026	25m46s	66.95%	MV65-69	376	23m05s	71	47	Bury St Edmunds - PB	27m12s	21+V5	
14	Katarzyna Dabrowska	Harwich	8 Harwich 0.7	04/04/2026	23m38s	65.59%	FV40-44	83	22m52s	1	7			8	
15	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	17/01/2026	23m43s	65.35%	MV55-59	178	21m06s	23	38	Felixstowe	25m42s	28+V1	
16	Iam Thoroughgood	Christchurch Pk.	N/A	28/02/2026	21m17s	65.07%	MV40-44	12	20m58s	0	7			1	
17	Dan Clapton	Felixstowe	26 Felixstowe 0.9	17/01/2026	22m43s	64.42%	MV45-49	85	19m39s	7	20	Alton Water	24m15s	5	
18	Vincent Steensma	Walton Prom	N/A	16/05/2026	23m56s	64.21%	MV55-59	342	22m37s	56	42	Clare Castle	24m23s	22+V4	
19	Nicole Anscomb	Harwich	8 Harwich 0.7	30/05/2026	23m48s	62.18%	FV25-29	87	23m45s	8	11			8	
20	Marie Paveley	Alton Water	660 Alton Water 3.6	18/04/2026	27m14s	61.57%	FV50-54	67	24m19s	3	6			6	
21	Sharon Williets	Christchurch Pk.	N/A	14/02/2026	29m33s	61.25%	VW55-59	26	26m36s	6	3			1	
22	Joff Hayes	Christchurch Pk.	N/A	06/06/2026	27m16s	60.39%	VM60-64	81	26m52s	0	6			15	
23	Laura Crossley	Felixstowe	26 Felixstowe 0.9	17/01/2026	27m03s	59.27%	FV45-49	194	26m31s	25	55	Alton Water	28m38s	25+V6	
24	Sonia Copping	Felixstowe	26 Felixstowe 0.9	25/04/2026	33m14s	58.38%	FV60-64	148	33m14s	12	24	Keswick	37m47s	28+V2	
25	Sally Maddams	Harwich	8 Harwich 0.7	11/04/2026	28m32s	57.93%	FV45-49	250	26m10s	19	38	Urayasushi sogo koen	32m34s	29+V2	
26	Mark Ward	Felixstowe	26 Felixstowe 0.9	28/02/2026	29m38s	56.58%	MV65-69	153	28m25s	47	25			17+V8	
27	Hannah Prior	Felixstowe	26 Felixstowe 0.9	17/01/2026	26m45s	55.33%	SW25-29	3	26m45s	0	1			1	
28	Sue Russell	Walton Prom	N/A	16/05/2026	29m10s	54.97%	FV45-49	193	29m10s	41	45	Great Cornard-Tail	51m18s	25+V10	
29	Martyn Russell	Felixstowe	26 Felixstowe 0.9	01/01/2026	26m25s	53.69%	MV45-49	20	26m25s	3	10	Great Cornard-Tail	51m16s	7+V3	
30	Hannah Yellop	North Walsham	N/A	04/04/2026	27m52s	53.11%	FV25-29	94	26m20s	24	63			18+V4	
31	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	21/03/2026	31m05s	52.98%	MV60-64	164	29m27s	13	28			16+V5	
32	Anna Clapton	Felixstowe	26 Felixstowe 0.9	17/01/2026	29m06s	52.86%	FV40-44	169	22m39s	10	30			10+V1	
33	Eleanor Harrison	Felixstowe	26 Felixstowe 0.9	13/06/2026	28m35s	51.90%	SW30-34	153	25m53s	0	11			14	
34	Aaron Spalding	Coldham's Com	144 Coldham's Common	06/06/2026	25m42s	50.58%	MV30-34	44	21m28s	1	9	Christchurch Park	27m39s	4	
35	Nigel Johns	Kesgrave	219 Kesgrave 1.8	18/04/2026	32m25s	49.92%	MV60-64	187	24m39s	30	7			4	
36	Sara Hills	Alton Water	660 Alton Water 3.6	11/04/2026	30m16s	49.23%	FV30-34	6	29m28s	1	1			1	
37	Karen Sharkey	Hunstanton	N/A	11/07/2026	31m52s	48.27%	VW40-44	53	29m33s	9	16			12+V2	
38	Lindsay Welton	Sheringham	711 Sheringham 4.2	25/04/2026	32m05s	47.69%	VW35-39	115	27m41s	6	14			1	
39	Fran Barnard	Imager Strandpar	N/A	21/03/2026	32m42s	47.04%	VW40-44	90	30m12s	18	53			16+V3	
40	Heidi Knight	The Whammy	N/A	02/05/2026	37m49s	46.06%	VW50-54	96	27m49s	12	6	Alton Water	38m54s	5	
41	Jo Raven-Lloyd	Felixstowe	26 Felixstowe 0.9	02/05/2026	34m59s	44.97%	FV40-44	31	28m30s	1	7			1	
42	Aaron Heard	Alton Water	660 Alton Water 3.6	21/03/2026	31m08s	44.16%	VM40-44	11	21m45s	4	5			1	

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