

1 Mile time trial

Name	Feb-20	Oct-20	Nov-21	Dec-22	Feb-23
Greg		06:52		05:54	06:54
Ian				05:59	05:57
Vincent	07:57		06:52	07:03	07:05
Dan					07:47
Lorna	07:31		07:21	07:21	09:47
Helen Y				07:26	
Nicole				07:30	
Marie P	07:24		07:14	07:37	07:25
Deb				07:38	
Steve W	07:41		07:32	07:39	07:54
Austen			08:21	07:58	
Marc				08:36	
Amanda	08:51			09:30	09:31
Andrew B	06:09	05:52	06:05		
Adrian			06:09		
Andrew C		06:05	06:16		
Jo	06:49		06:40		
Sandra		06:56	06:59		
Emily D		07:27	07:04		
Paul M			07:22		08:22
Kyla					08:26
Steve B					09:11
Glen			07:53		
Karen	07:50	08:24	08:12		
John R			08:50		08:56
Heidi		08:32	09:08		09:46
Lisa C	07:10				
Marie B	07:43	07:58			
Nicola	07:55				
Beth	07:56	08:01			
Sally	08:00				
Rachel	09:19				
Adam		06:55			
Cath		07:42			
Helen M		08:59			
Fran		09:29			
Emma W		09:43			
Mary-Jane		10:32			