

parkrun leaderboard - 2025														01/02/2025	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	Parkruns this year	Parkruns completed
1	Dan Clapton	Harwich	165 Harwich 2.0	01/02/2025	21m13s	68.42%	MV45-49	65	19m39s	6	12	Harwich	21m13s	5+V1	300+
2	Jo Harris	Harwich	165 Harwich 2.0	01/02/2025	23m09s	67.96%	FV40-44	138	23m09s	8	11	Harwich	23m09s	5	250+
3	Vincent Steensma	Felixstowe	26 Felixstowe 0.9	18/01/2025	23m30s	64.82%	MV50-54	290	22m37s	39	26			2	200+
4	John Dunnett	Felixstowe	26 Felixstowe 0.9	25/01/2025	23m38s	70.31s%	MV60-64	111	22m56s	20	15	Felixstowe Pacer	24m57s	6+V1	150+
5	Steve Page	Felixstowe	26 Felixstowe 0.9	18/01/2025	24m03s	66.67%	VM60-64	203	20m25s	12	4			2	100+
6	Trevor Stevenson	Harwich	165 Harwich 2.0	01/02/2025	24m33s	71.83%	MV70-74	109	23m49s	5	16	Harwich	24m33s	6	50+
7	Deb Ching	Harwich	165 Harwich 2.0	01/02/2025	25m16s	67.15%	FV50-54	104	22m47s	23	26	Harwich	25m16s	5+V3	10+
8	Paul Maycock	Felixstowe	26 Felixstowe 0.9	01/02/2025	25m17s	67.57%	MV65-69	323	23m05s	56	34	Felixstowe	25m17s	6	1+
9	Lorna Webber	Felixstowe	26 Felixstowe 0.9	01/02/2025	25m51s	59.91%	FV40-44	274	23m39s	37	21	Felixstowe	25m51s	4	
10	Adrian Phillippo-Green	Maldon	170 Maldon Prom 2.0	25/01/2025	25m59s	59.14%	MV50-54	106	21m06s	21	19			5	
11	Steve Webber	Kesgrave	219 Kesgrave 1.8	01/02/2025	26m29s	57.08%	MV50-54	320	25m14s	23	18	Felixstowe	27m00s	3+V1	
12	Sally Maddams	Harwich	165 Harwich 2.0	01/02/2025	27m27s	59.02%	FV45-49	180	26m10s	10	19	Harwich	27m27s	6	
13	Helen Yellop	Jersey Farm	596 Jersey Farm 3.2	18/01/2025	28m08s	65.23%	FV55-59	61	23m50s	6	31			3+V1	
14	Anna Clapton	Harwich	165 Harwich 2.0	01/01/2025	28m18s	54.06%	FV40-44	136	22m39s	5	18	Harwich	28m18s	3+V1	
15	Hannah Yellop	Jersey Farm	596 Jersey Farm 3.2	18/01/2025	28m21s	52.20%	FV25-29	51	26m20s	10	33			3	
16	Sandra Bumphrey	Harcourt Hill	513 Harcourt Hill 3.2	01/02/2025	28m30s	61.11%	FV50-54	139	23m03s	27	46	Harcourt Hill	28m30s	5+V2	
17	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	18/01/2025	31m05s	52.49%	MV60-64	123	29m27s	1	17	Harcourt Hill	33m03s	6	
18	Laura Crossley	Alton Water	660 Alton Water 3.6	04/01/2025	31m57s	49.71%	FV45-49	135	28m09s	10	33	Alton Water	35m14s	6	
19	Sue Russell	Felixstowe	26 Felixstowe 0.9	25/01/2025	31m57s	49.24%	FV40-44	135	29m58s	17	22	Felixstowe	36m44s	6	
20	Karen Sharkey	Ipswich	521 Ipswich 3.2	11/01/2025	32m00s	47.81%	VW40-44	28	29m33s	3	8			1	
21	Kyla Webb	Felixstowe	26 Felixstowe 0.9	01/01/2025	34m43s	49.50%	VW50-54	14	26m31s	3	3			1	
22	Fran Barnard	Alton Water	660 Alton Water 3.6	04/01/2025	34m55s	43.82%	VW40-44	49	30m12s	6	28	Alton Water	35m13s	4	
23	Kim Noble	Felixstowe	26 Felixstowe 0.9	01/02/2025	36m43s	40.99%	FV35-39	43	35m32s	4	11	Felixstowe	36m43s	4	
24	Sonia Copping	Alton Water	660 Alton Water 3.6	01/01/2025	40m39s	46.41%	FV55-59	80	33m44s	4	15	Felixstowe Parkwalk	45m14s	4+V2	
	Andrew Budd						MV65-69	101	20m07s	29	15				
	Mark Askew						MV65-69	24	21m15s	13	5				
	Dan Price						MV30-34	8	22m46s	0	3				
	Katarzyna Dabrowska						FV40-44		22m58s	1	4				
	Will Ibbotson						VM55-59	43	23m46s	2	11				
	Neil Burton						VM50-54	8	24m33s	1	2				
	Emily Dixon						FV30-34	69	24m22s	0	26				
	Harry Peek						VM25-29	153	20m05s	1	43				
	Marie Paveley						FV45-49	53	24m37s	3	5				
	Glen Yellop						MV50-54	9	26m56s	2	3				
	Jo Raven-Lloyd						FV40-44	26	28m30s	1	6				
	Heather Ruff						VW60-64	29	26m57s	0	3				
	Sara Hills						FV30-34	4	29m28s	1	1				
	Ian Thoroughgood						MV40-44	10	20m58s	0	5				
	Amy Dawson						FV35-39	4	30m19s	0	2				
	Sue Wilshaw						FV70-74	37	27m28s	6	3				
	Faye Bradshaw						VM35-39	1	34m15s	1	1				
	Aaron Heard						VM35-39	9	21m45s	2	3				

Diane Parton		VW55-59	44	24m03s	9	4	
Austen Gilbert		VM45-49	14	31m35s	5	1	
Heidi Cross		VW45-49	6	33m12s	1	2	