

parkrun leaderboard - 2024														28/09/2024	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	Parkruns this year	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	30/03/2024	20m47s	79.95%	MV65-69	95	20m07s	29	15			15 + V7	300+
2	Dan Clapton	Felixstowe	26 Felixstowe 0.9	06/03/2024	21m18s	67.61%	MV45-49	55	19m39s	5	10			5 + V1	250+
3	Mark Askew	Felixstowe	26 Felixstowe 0.9	25/05/2024	21m42s	77.27%	MV65-69	21	21m15s	8	5			5 + V6	200+
4	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	04/05/2024	21m52s	69.66%	MV50-54	88	21m06s	20	15	Ipswich	26m29s	35 + V4	100+
5	Vincent Steensma	Holland	Karpendonkse	06/07/2024	22m37s	66.84%	MV50-54	277	22m37s	38	23	Ipswich	24m38s	27 + V3	50+
6	Dan Price	Felixstowe	26 Felixstowe 0.9	22/06/2024	22m46s	51.66%	MV30-34	8	22m46s	0	3			4 + V0	10+
7	Deb Ching	Felixstowe	26 Felixstowe 0.9	25/05/2024	22m47s	73.59%	FV50-54	91	22m47s	19	26			29 + V7	1+
8	John Dunnett	Felixstowe	26 Felixstowe 0.9	25/05/2024	22m56s	71.80%	MV60-64	92	22m56s	17	12	Felixstowe	23m53s	31 + V9	
9	Katarzyna Dabrowska	Felixstowe	26 Felixstowe 0.9	17/02/2024	22m58s	66.62%	FV40-44	60	22m58s	1	4			10 + V0	
10	Sandra Bumphrey	Yarborough	61 Yarborough 1.1	30/03/2024	23m03s	74.55%	FV50-54	123	23m03s	22	38	Boston	47m56s	34 + V6	
11	Lorna Webber	Felixstowe	26 Felixstowe 0.9	25/05/2024	23m39s	64.27%	FV35-39	261	23m39s	37	20	Felixstowe	26m25s	26 + V5	
12	Helen Yellop	Felixstowe	26 Felixstowe 0.9	03/02/2023	23m50s	75.94%	FV55-59	49	23m50s	5	22			26 + V3	
13	Will Ibbotson	Felixstowe	26 Felixstowe 0.9	06/07/2024	24m00s	66.25%	VM55-59	39	23m46s	2	10	Severn Bridge	24m20s	16 + V2	
15	Steve Page	Ipswich	613 Ipswich 3.3	28/09/2024	24m10s	66.34%	VM60-64	196	20m25s	12	3	Ipswich	24m10s	18 + V1	
14	Paul Maycock	Felixstowe	26 Felixstowe 0.9	04/05/2024	24m13s	69.92%	MV65-69	307	23m05s	55	33	Ipswich	28m45s	34 + V3	
16	Trevor Stevenson	Felixstowe	26 Felixstowe 0.9	06/03/2024	24m33s	71.01%	MV70-74	92	23m49s	5	15			24 + V2	
17	Jo Harris	Felixstowe	26 Felixstowe 0.9	30/03/2024	24m45s	63.57%	FV40-44	130	23m32s	7	11			14 + V1	
18	Steve Webber	Felixstowe	26 Felixstowe 0.9	28/09/2024	25m14s	59.91%	MV50-54	306	25m14s	21	17	Felixstowe	25m14s	31 + V4	
19	Emily Dixon	Harwich	8 Harwich 0.7	06/01/2024	26m14s	56.48%	FV30-34	65	24m22s	0	22			7 + V0	
20	Hannah Yellop	Victoria Dock	44 Victoria Dock 1.0	15/06/2024	26m32s	55.78%	FV25-29	41	26m32s	5	26			21 + V5	
21	Sally Maddams	Harwich	8 Harwich 0.7	27/01/2024	26m54s	59.60%	FV45-49	164	26m10s	10	17			24 + V2	
22	Marie Paveley	Alton Water	660 Alton Water 3.6	01/06/2024	26m55s	61.55%	FV45-49	53	24m37s	3	5			2 + V1	
23	Glen Yellop	Ipswich	613 Ipswich 3.3	17/02/2024	26m56	55.63%	MV50-54	8	26m56s	2	2			2 + V1	
24	Anna Clapton	Harwich	8 Harwich 0.7	06/01/2024	27m21s	55.58%	FV40-44	124	22m39s	4	16			23 + V1	
25	Jo Raven-Lloyd	Felixstowe	26 Felixstowe 0.9	25/05/2024	28m30s	54.39%	FV40-44	24	28m30s	1	5	Felixstowe	35m07s	24 + V1	
26	Laura Crossley	Harwich	8 Harwich 0.7	20/04/2024	28m41s	54.85%	FV40-44	117	28m41s	9	25	Lowestoft	28m53s	31 + V3	
42	Karen Sharkey	Felixstowe	26 Felixstowe 0.9	28/09/2024	29m33s	51.78%	VW40-44	19	29m33s	3	4	Felixstowe	29m33s	19 + V3	
27	Fran Barnard	Victoria Dock	44 Victoria Dock 1.0	15/06/2024	30m16s	50.22%	VW40-44	41	30m12s	4	24	Boston	33m22s	17 + V2	
28	Sue Russell	Felixstowe	26 Felixstowe 0.9	20/07/2024	30m25s	51.73%	FV40-44	118	29m59s	14	15	Felixstowe	30m35s	28 + V8	
29	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	13/04/2024	30m59s	52.23%	MV60-64	104	29m27s	1	12	Boston	34m14s	20 + V0	
30	Sara Hills	Alton Water	660 Alton Water 3.6	03/02/2023	31m44s	46.74%	FV30-34	4	29m28s	1	1			1 + V0	
31	Ian Thoroughgood	Ipswich	613 Ipswich 3.3	01/01/2024	31m51s	42.86%	MV40-44	10	20m58s	0	5			1 + V0	
32	Sonia Copping	Felixstowe	26 Felixstowe 0.9	24/08/2024	33m44s	55.93%	FV55-59	62	33m44s	2	12	Felixstowe	42m12s	35 + V2	
33	Amy Dawson	Felixstowe	26 Felixstowe 0.9	20/04/2024	33m59s	44.73%	FV35-39	4	30m19s	0	2			3 + V0	
34	Sue Wilshaw	Silksworth	302 Silksworth 2.1	06/01/2024	34m07s	65.27%	FV70-74	37	27m28s	6	3			3 + V0	
35	Faye Bradshaw	Felixstowe	26 Felixstowe 0.9	20/04/2024	34m15s	44.38%	VM35-39	1	34m15s	1	1			1 + V1	
36	Aaron Heard	Ipswich	613 Ipswich 3.3	13/07/2024	35m02s	38.68%	VM35-39	9	21m45s	2	3			2 + V1	
38	Kim Noble	Felixstowe	26 Felixstowe 0.9	28/09/2024	35m32	42.35%	FV35-39	34	35m32s	4	7	Felixstowe	35m32	30 + V4	
37	Diane Parton	Ipswich	613 Ipswich 3.3	29/06/2024	35m47s	50.58%	VW55-59	44	24m03s	9	4			1 + V0	
39	Austen Gilbert	Alton Water	660 Alton Water 3.6	01/01/2024	36m24s	39.88%	VM45-49	14	31m35s	5	1			2 + V2	
40	Kyla Webb	Felixstowe	26 Felixstowe 0.9	06/07/2024	39m24s	43.06%	VW50-54	12	26m31s	3	3			1 + V1	
41	Heidi Cross						VW45-49	6	33m12s	1	2			0 + V1	