

## parkrun leaderboard - 2024

Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	30/03/2024	20m47s	79.95%	MV60-64	88	20m07s	25	15	Highwoods	23m09s
2	Dan Clapton	Felixstowe	26 Felixstowe 0.9	06/03/2024	21m18s	67.61%	MV45-49	53	19m39s	4	10		
3	Mark Askew	Felixstowe	26 Felixstowe 0.9	20/04/2024	22m13s	75.47%	MV65-69	19	21m15s	5	5	Felixstowe	22m13s
4	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	30/03/2024	22m42s	67.11%	MV50-54	67	21m06s	18	12	Felixstowe	28m42s
5	Katarzyna Dabrowska	Felixstowe	26 Felixstowe 0.9	17/02/2024	22m58s	66.62%	FV40-44	54	22m58s	1	2		
6	Sandra Bumphrey	Yarborough	61 Yarborough 1.1	30/03/2024	23m03s	74.55%	FV50-54	104	23m03s	18	26	Wimpole Estate	26m31s
7	John Dunnett	Felixstowe	26 Felixstowe 0.9	27/01/2024	23m21s	70.52%	MV60-64	74	23m21s	12	9	Rendlesham	25m13s
8	Deb Ching	Felixstowe	26 Felixstowe 0.9	23/03/2024	23m48s	70.45%	FV50-54	72	23m48s	16	23		
9	Helen Yellop	Felixstowe	26 Felixstowe 0.9	03/02/2023	23m50s	75.94%	FV55-59	33	23m50s	3	13		
10	Paul Maycock	Felixstowe	26 Felixstowe 0.9	30/03/2024	24m17s	69.73%	MV65-69	289	23m05s	52	27	Highwoods	27m49s
11	Trevor Stevenson	Felixstowe	26 Felixstowe 0.9	06/03/2024	24m33s	71.01%	MV65-69	79	23m49s	3	15		
12	Jo Harris	Felixstowe	26 Felixstowe 0.9	30/03/2024	24m45s	63.57%	FV40-44	123	23m32s	7	11	Ipswich	25m28s
13	Vincent Steensma	Ipswich	613 Ipswich 3.3	13/01/2024	24m49s	60.91%	MV50-54	262	22m46s	37	19	Ipswich	Timing
14	Dan Price	Ipswich	613 Ipswich 3.3	06/01/2024	25m09s	51.42%	MV30-34	6	23m51s	0	3		
15	Steve Webber	Felixstowe	26 Felixstowe 0.9	27/01/2024	25m28s	56.65%	MV50-54	289	25m17s	18	16	Ipswich	26m25s
16	Lorna Webber	Ipswich	613 Ipswich 3.3	20/04/2024	26m09s	58.13%	FV35-39	246	24m29s	33	18	Ipswich	26m09s
17	Emily Dixon	Harwich	8 Harwich 0.7	06/01/2024	26m14s	56.48%	FV30-34	61	24m22s	0	16		
18	Sally Maddams	Harwich	8 Harwich 0.7	27/01/2024	26m54s	59.60%	FV45-49	148	26m10s	8	16		
19	Glen Yellop	Ipswich	613 Ipswich 3.3	17/02/2024	26m56	55.63%	MV50-54	7	26m56s	1	2		
20	Anna Clapton	Harwich	8 Harwich 0.7	06/01/2024	27m21s	55.58%	FV35-39	109	22m39s	3	14	Felixstowe	30m24s
21	Hannah Yellop	Yarborough	61 Yarborough 1.1	02/03/2024	28m00s	52.86%	FV25-29	29	27m43s	2	16	Thornham Walks	29m48s
22	Laura Crossley	Harwich	8 Harwich 0.7	20/04/2024	28m41s	54.85%	FV40-44	102	28m41s	7	17	Felixstowe	28m41s
23	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	13/04/2024	30m59s	52.23%	MV60-64	99	29m27s	1	11		
24	Sue Russell	Ipswich	613 Ipswich 3.3	30/03/2024	31m04s	50.27%	FV40-44	101	29m59s	8	11	Felixstowe	36m22s
25	Sara Hills	Alton Water	660 Alton Water 3.6	03/02/2023	31m44s	46.74%	FV30-34	4	29m28s	1	1		
26	Ian Thoroughgood	Ipswich	613 Ipswich 3.3	01/01/2024	31m51s	42.86%	MV40-44	10	20m58s	0	5		
27	Fran Barnard	Harwich	8 Harwich 0.7	06/01/2024	33m14s	45.76%	FV35-39	29	30m12s	3	14	Wimpole Estate	34m49s
28	Amy Dawson	Felixstowe	26 Felixstowe 0.9	20/04/2024	33m59s	44.73%	FV35-39	3	30m19s	0	2	Felixstowe	33m59s
29	Sue Wilshaw	Silksworth	302 Silksworth 2.1	06/01/2024	34m07s	65.27%	FV70-74	35	27m28s	5	2		
30	Sonia Copping	Felixstowe	26 Felixstowe 0.9	13/04/2024	35m06s	53.75%	FV55-59	43	35m06s	0	9	Rendlesham	37m21s
31	Kim Noble	Felixstowe	26 Felixstowe 0.9	20/04/2024	36m21s	40.56%	FV35-39	18	36m21s	0	4	Felixstowe	36m21
32	Austen Gilbert	Alton Water	660 Alton Water 3.6	01/01/2024	36m24s	39.88%	MV45-49	14	31m35s	3	1		

Parkruns completed
300+
250+
200+
150+
100+
50+
10+
1+