

parkrun leaderboard - 2025 - age graded														12/07/2025	
Position	Runner	Parkrun	Parkrun Difficulty (Rank/Grading)	Date	Fastest time this year	Age grade %	Age Cat.	Parkruns completed	Parkrun pb	Volunteer	Locations	This weekends results - Location	Time	Parkruns this year	Parkruns completed
1	Andrew Budd	Felixstowe	26 Felixstowe 0.9	29/03/2025	21m19s	78.66%	MV65-69	109	20m07s	34	16	Alton Water	23m25s		300+
2	Helen Yellop	Zuiderpark	Holland	22/03/2025	24m24s	75.20%	FV55-59	75	23m50s	12	42	Gt Yarmouth N.Beach	38m58s		250+
3	John Dunnett	Felixstowe	26 Felixstowe 0.9	26/04/2025	22m31s	73.80%	MV60-64	133	22m56s	25	15	Felixstowe	25m37s		200+
4	Trevor Stevenson	Harwich	165 Harwich 2.0	15/02/2025	24m01s	73.42%	MV70-74	122	23m49s	9	18	Gt Yarmouth N.Beach	34m49s		150+
5	Deb Ching	Southampton	35 Southampton 1.0	31/05/2025	23m10s	73.24%	FV50-54	116	22m47s	33	26				100+
6	Mark Askew	Felixstowe	660 Alton Water 3.6	06/07/3035	23m10s	73.09%	MV65-69	28	21m15s	16	6	Cleethorpes	23m35s		50+
7	Angela Stevenson	Alton Water	660 Alton Water 3.6	05/07/2025	27m24s	71.84%	VW60-64	7	25m28s	1	4	Gt Yarmouth N.Beach	37m27s		10+
8	Paul Maycock	Felixstowe	26 Felixstowe 0.9	08/03/2025	24m31s	69.68%	MV65-69	338	23m05s	61	37	Bushy Park	25m59s		1+
9	Marie Paveley	Kesgrave	260 Kesgrave 2.2	17/05/2025	24m19s	68.95%	FV50-54	60	24m19s	3	5				
10	Dan Clapton	Harwich	165 Harwich 2.0	01/02/2025	21m13s	68.42%	MV45-49	74	19m39s	7	16	Gt Yarmouth N.Beach	31m47s		
11	Sandra Bumphrey	Alton Water	660 Alton Water 3.6	03/05/2025	25m33s	68.17%	FV50-54	155	23m03s	39	56	Billericay	27m43s		
12	Jo Harris	Harwich	165 Harwich 2.0	01/02/2025	23m09s	67.96%	FV45-49	154	23m09s	14	13	Gt Yarmouth N.Beach	32m15s		
13	Katarzyna Dabrowska	Felixstowe	26 Felixstowe 0.9	14/06/2025	22m52s	67.27%	FV40-44	70	22m52s	1	5	Kesgrave	23m38s		
14	Steve Page	Felixstowe	26 Felixstowe 0.9	18/01/2025	24m03s	66.67%	VM60-64	204	20m25s	12	4				
15	Vincent Steensma	Felixstowe	26 Felixstowe 0.9	18/01/2025	23m30s	64.82%	MV50-54	303	22m37s	46	31	Christchurch Park	28m02s		
16	Adrian Phillippo-Green	Felixstowe	26 Felixstowe 0.9	29/03/2025	23m55s	64.25%	MV55-59	127	21m06s	22	21	Alton Water	26m30s		
17	Sally Maddams	Harwich	165 Harwich 2.0	15/02/2025	26m22s	62.07%	FV45-49	200	26m10s	13	24	Gt Yarmouth N.Beach	38m05s		
18	Lorna Webber	Felixstowe	26 Felixstowe 0.9	01/02/2025	25m51s	59.91%	FV40-44	283	23m39s	43	23	Christchurch Park	28m57s		
19	Aaron Spalding	Kesgrave	260 Kesgrave 2.2	12/07/2025	22m09s	58.39%	MV30-34	34	22m09s	1	7	Christchurch Park	26m30s		
20	Steve Webber	Felixstowe	26 Felixstowe 0.9	24/05/2025	25m35s	58.09%	MV50-54	336	25m14s	25	20	Christchurch Park	27m33s		
21	Anna Clapton	Rutland Water	111 Rutland Water 1.4	29/03/2025	27m37s	55.70%	FV40-44	148	22m39s	8	23	Gt Yarmouth N.Beach	44m17s		
22	Mark Ward	Felixstowe	26 Felixstowe 0.9	17/05/2025	29m56s	55.51%	MV60-64	123	28m25s	31	17				
23	Laura Crossley	Felixstowe	26 Felixstowe 0.9	01/03/2025	29m11s	54.43%	FV45-49	151	28m09s	16	42	Christchurch Park	32m37s		
24	Sonia Copping	Felixstowe	26 Felixstowe 0.9	31/05/2025	35m22s	54.10%	FV60-64	97	33m44s	8	15	Felixstowe	39m40s		
25	Hannah Yellop	Eastbourne	106 Eastbourne 1.4	03/05/2025	27m37s	53.59%	FV25-29	64	26m20s	16	43	Gt Yarmouth N.Beach	39m05s		
26	Nigel Johns	Thomas Mills	273 Thomas Mills 2.0	26/04/2025	29m57s	53.53%	MV60-64	171	24m39s	28	7				
27	Steve Bumphrey	Felixstowe	26 Felixstowe 0.9	18/01/2025	31m05s	52.49%	MV60-64	133	29m27s	5	21				
28	Nicole Ansoncomb	Harwich	165 Harwich 2.0	05/07/2025	28m26s	52.05%	FV25-29	75	25m36s	5	10				
29	Emily Dixon	Wimpole Estate	581 Wimpole Estate 3.1	28/06/2025	28m37s	51.95%	FV30-34	70	24m22s	0	27				
30	Amanda Prior	Andover	336 Andover 2.5	01/03/2025	35m26s	51.79%	VW55-59	53	27m30s	4	7				
31	Sue Russell	Alton Water	660 Alton Water 3.6	05/04/2025	31m25s	50.08%	FV40-44	151	29m58s	22	30	Felixstowe	32m14s		
32	Kyla Webb	Felixstowe	26 Felixstowe 0.9	01/01/2025	34m43s	49.50%	VW50-54	14	26m31s	3	3				
33	Karen Sharkey	Kesgrave	260 Kesgrave 2.2	01/03/2025	30m57s	49.43%	VW40-44	37	29m33s	5	10				
34	Fran Barnard	Zuiderpark	Holland	22/03/2025	31m02s	49.30%	VW40-44	59	30m12s	11	32	Christchurch Park	37m38s		
35	Jo Raven-Lloyd	Thornham Walks	N/A	10/05/2025	33m39s	46.41%	FV40-44	28	28m30s	1	7				
36	Kim Noble	Felixstowe	26 Felixstowe 0.9	01/02/2025	36m43s	40.99%	FV35-39	55	35m32s	5	15	Felixstowe	38m57s		
37	Heather Ruff	Alton Water	660 Alton Water 3.6	07/06/2025	54m31s	35.59%	VW60-64	30	26m57s	1	3				
	Will Ibbotson						VM55-59	43	23m46s	2	11				
	Neil Burton						VM50-54	8	24m33s	1	2				
	Harry Peek						VM25-29	153	20m05s	1	43				
	Glen Yellop						MV50-54	9	26m56s	2	3				
	Sara Hills						FV30-34	4	29m28s	1	1				

Ian Thoroughgood		MV40-44	10	20m58s	0	5		
Amy Dawson		FV35-39	4	30m19s	0	2		
Sue Wilshaw		FV70-74	37	27m28s	6	3		
Aaron Heard		VM35-39	9	21m45s	2	3		
Diane Parton		VW55-59	44	24m03s	9	4		

