

Cheetahs Winter Series 5k Results

	Race 1		Race 2		Race 3		Race 4	
Andy B	20m55s	<8s	20m47s	>	>	>6m28s	27m15s	
Ian	21m 10s	<	<	<25s	20m45s	x	x	
Greg	21m 34s	>	>	>3m29s	25m03s	<4m17s	21m20s	
Steve	24m 01s	x	x	x	x	x	x	
Emily	24m 24s	x	x	x	x	x	x	
Dan	24m 28s	<2m9s	22m19s	>9s	22m28s	<1m01s	21m27s	
Paul	24m 30s	>	>	>	>	>1m08s	25m38s	
Vincent	x	x	25m17s	<16s	25m01s	x	x	
Emma L	25m 29s	x	x	x	x	x	x	
Marie P	25m 47s	<20s	25m27s	>36s	26m03s	x	x	
Emily D	x	x	25m59s	x	x	x	x	
Katie	26m 32s	<	<	<	<	<1m01s	25m25s	
Glenn	26m 38s	x	x	x	x	x	x	
Deb	26m 45s	<1m27s	25m18s	>20s	25m38s	<06s	25m32s	
Helen Y	x	x	25m39s	x	x	x	x	
Nicole	26m 55s	<36s	26m19s	x	x	x	x	
Nicola	27m 19s	<8s	27m11s	<36s	26m35s	<24s	26m11s	
Bex	27m 28s	x	x	x	x	x	x	
Lindsay	28m 02s	>5s	28m07s	x	x	x	x	
Anna	28m 12s	<55s	27m17s	<	<	<02s	27m15s	
Steve W	x	x	28m13s	>40s	27m33s	<35s	26m58s	
Austen	x	x	28m49s	x	x	x	x	
Dianne	29m 21s	x	x	x	x	x	x	
Andy P	29m 21s	x	x	x	x	x	x	
Louise	29m24s			<2m44s	27m40s			
John	29m 57s	<25s	29m32s	>	>	>1m24s	30m56s	
Carolyn	x	x	29m59s	x	x	x	x	
Steve B	x	x	x	x	31m10s	x	x	
Amanda	33m 45s	x	x	x	x	x	x	
Heidi	34m 26s	<52s	33m34s	x	x	x	x	
Fran	34m35s	x	x	x	x	x	x	
Gemma	x	x	x	x	x	x	30m56s	

Special mention to Lorna for running one lap after coming back from illness and Kat for getting lost on the first lap after a fast start.